

Horario Actividades Dirigidas

COSMOFIT

Lunes

Martes

Miércoles

Jueves

Viernes

Sabado

9:00h

HBX BOXING

HBX BOXING

10:00h

HBX BOXING

TRX FUNCTIONAL
40'

HBX BOXING

COSMOCIRCUIT
40'

HBX BOXING

11:00h

COSMOCIRCUIT
40'

HIIT 40'

TRX FUNCTIONAL
40'

13:15h

HBX BOXING

HIIT 40'

HBX BOXING

COSMOCIRCUIT
40'

HBX BOXING

14:15h

COSMO PUMP
40'

HBX BOXING

GAP 40'

HBX BOXING

COSMO PUMP
40'

18:00h

COSMOCIRCUIT
40'

GAP 40'

HIIT 40'

GAP 40'

HBX BOXING

18:45h

GAP 40'

COSMO PUMP
40'

HBX BOXING

COSMO PUMP
40'

19:30h

COSMO PUMP
40'

HBX BOXING

COSMO PUMP
40'

HBX BOXING

20:15h

HBX BOXING

YOGA

GAP 40'

YOGA